



# ANNUAL REPORT 2020

A SUMMARY OF CSA'S  
PERFORMANCE IN 2020



CENTRE FOR THE STUDY OF  
ADOLESCENCE

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## ABBREVIATIONS

AYSRH	Adolescent and Youth Sexual and Reproductive Health
CAYPs	Children Adolescent and Young People
CBOs	Community-based Organizations
CSA	Center for Study of Adolescence
CSE	Comprehensive Sexuality Education
FP	Family Planning
LGBTQ	Lesbian, Gay, Bisexual, Transgender and Queer
MA	Medical Abortion
OVC	Orphaned and Vulnerable Children
RMNCAHN	reproductive, maternal, neonatal, child, adolescent health and nutrition
SRHR	Sexual and Reproductive Health and Rights
USAID	United States Agency for International Development
WASH	water and sanitation and hygiene

## ABOUT CSA

Established in 1988 as CSA nonpartisan and a non-profit making organization, CSA is committed to the promotion of adolescent health by Kenyan professionals. CSA upholds respect for human rights, understanding and recognizing diversity, tolerance, dignity and integrity, teamwork, innovation and accountability. CSA is renowned nationally and regionally for its commitment to the promotion of SRHR of adolescents and young people through research, program implementation, technical assistance, capacity building and advocacy for policy change at county and national levels. CSA works in partnership with government, NGO and the private sector to expand choices and improve access to safe, affordable and sustainable SRHR services, further building powerful partnerships for young people of ages 10-24 years and their advocates.

Our main objective is to expand choices and improve access to safe, affordable and sustainable services in partnership with key stakeholders. The Centre's activities are broadly clustered into the following programs: Reproductive Health and gender Social Policy, Advocacy and Networking, Research and Knowledge management, Child Protection and safeguarding, Capacity building – Supporting Service Delivery through training. Our programs operate at four levels (Programming; Evidence Generation, Lobby and Advocacy and Capacity building) to advance young people's health rights and tackle the root causes of discrimination, exclusion and vulnerability across 4 key areas: Adolescent Reproductive Health, Gender and HIV/AIDS, Social Policy, Advocacy and Networking, Research and Publications and finally Capacity building.

CSA's headquarter is in Nairobi with two satellite offices in Kiambu & Bungoma; actively implementing various projects in 8 counties (Nairobi, Kiambu, Kisumu, Siaya, Kilifi, Bungoma, Kajiado & Homabay).

**Vision:** A society in which SRHR and well-being of young people<sup>1</sup> are universally realized

**Mission:** To promote the health and development of young people through research, technical assistance, advocacy and capacity building while expanding choices and access to safe, affordable and sustainable services.

### **Core values:**

- Respect for human rights
- Understanding and recognizing diversity
- Tolerance
- Dignity and integrity
- Teamwork
- Innovation
- Accountability

**Goal:** To contribute to the SRHR and well-being of young people through: generation of evidence, policy advocacy, programming and capacity development in SRHR programming



## INTRODUCTION

Centre for the Study of Adolescence (CSA) is a Kenyan non-profit making organization established in 1988. CSA works towards the promotion of health and development of adolescents and young people through programming, policy advocacy, research and capacity building. Since the 80s, CSA has significantly contributed towards improved policy environment for adolescent reproductive health establishing itself as a leader in adolescent youth sexual and reproductive health (AYSRH) rights programming and advocacy.

CSA programmes are broadly classified as Programming, Services and information provision, Lobby and Advocacy and Empowerment to advance young people's health rights and tackle the root causes of discrimination, exclusion and vulnerability across 4 key areas: Adolescent Reproductive Health, Gender and HIV and AIDS, Social Policy, Advocacy and Networking, Research and Publications and finally Capacity building. CSA continued to live up to her vision of influencing a society in which Sexual and reproductive health and rights of young people are universally realized and enjoyed. This she seeks to achieve by promoting the health and development of young people through research, technical assistance, advocacy and capacity building, to expand choices and improve access to safe, affordable and sustainable services, working in partnership with other stakeholders.

The 2020 CSA Annual Report articulates and demonstrates the dynamic nature of her projects to serve young people's SRHR needs, her commitment to Monitoring and Evaluation for effectiveness and efficiency in her implementation and finally her relentless pursuit of conducting timely and high quality research on themes around ASRHR. Additionally CSA's project team has continuously been reflective and responsive to the young people of Kenya's needs, thus strong commitment from our stakeholders.

## KENYA COUNTRY CONTEXT IN 2020

COVID-19 has affected the advancement in Sexual and Reproductive Health and Rights (SRHR) services. Health systems are overwhelmed especially for developing nations such as Kenya considering the limited health facilities and outcomes. Health care systems have shifted focus on COVID 19 response by allocating resources to curb the virus limiting the provision of SRHR services and information and fully responding to young people's needs

Increase in reports of domestic violence is happening at the same time services are being compromised. In Kenya 35.8% of all crimes reported since COVID-19 are related to sexual violence and perpetrators being close family members and relatives. In the month of May 2020 the Ministry of Public Service, Youth and Gender Affairs reported a 42 per cent increase in the past one month. Even where basic essential services are maintained, a collapse in a coordinated response between different sectors, i.e., health, police and justice and social services response, and social distancing will mean that sectors will be challenged to provide meaningful and relevant support to women and girls who are experiencing violence. Violence and discrimination for LGBTQ youth is widespread for instance in Kenya where some young LGBTQ persons found themselves homeless after being chased from their homes by angry groups.

With the government directives and restrictions limiting freedom of movement and gatherings, there is a halt to physical outreaches and meetings. This led to limited numbers in terms of reach and particularly having focused discussions with Key actors and getting commitments from social actors.



# CSA 2020 IMPACT



SRH Information, 24,136 Adolescent and Young People received SRH information



SRH Services 30,396 AYP received SRH services including M.A, Contraceptives, and HIV testing and treatment.



Humanitarian Response 400 households received foodstuff, Mask /sanitary towels 650 dignity packs distributed



Child Protection 1200 OVCs trained on child rights and 9 violation case escalated to the justice system  
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## PERFORMANCE IN 2020

### ADVOCACY

#### REPOSITIONING CSE IN KENYA

CSA with support from RFSU is implementing a national advocacy intervention that aims at developing a clear policy framework for translating CSE policies into practice in Kenya.

CSA advocacy agenda in 2020 was mainly focused on influencing political and financial support for adolescent and youth SRHR. Advocacy projects in the year were; Repositioning CSE in Kenya supported by The Swedish Association for Sexuality Education (RFSU); Increasing meaningful youth engagement in advocacy programming and in decision making structures supported by Population Reference Bureau; Right Here Right Now and Child Investment Fund Foundation.

#### Key Achievements

- The Development of 1 position paper has ensured the teams mobilized speak from one understanding and are able to clearly articulate the issues on CSE when engaging in advocacy with other stakeholders.
- CSA identified and engaged in other relevant ongoing national policy review processes such as the Care and Protection Bill; Reproductive Health Bill that offer an opportunity to recommend CSE as a key strategy for consideration.
- CSA also Participated in global mechanisms that align to our area of work such as recommendations to the Country UPR report are strategies that have proved effective in our work.

#### RIGHT HERE RIGHT NOW (RHRN) PROJECT

The project was designed to advocate for increased meaningful involvement of young people in social accountability for improved SRH outcomes, hold feedback session with community of implementers on implementation of relevant ASRH policies and Conduct meeting County health management team and health committee to secure buy in for support of the governors mid-term health report.

#### Key Achievements

- The Nairobi Metropolitan services launched the Adolescent Youth Reproductive Health Implementation Matrix 2020-2023 on 26th October 2020 at Panari Hotel.
- Mombasa County has Allocated a Ceiling of Ksh 3.5 Billion to Health (24% of the annual county budget) in the County Fiscal Strategy Paper 2020-2021. An increase of Ksh 531,824,201 from the budget allocation.
- On the 16th and 23rd of September 2020, Hon. Esther Passaris presented the petition for the implementation of the Standards and Guidelines on maternal mortality and morbidity as parliamentary questions to the parliamentary health committee.
- MoH and MoE officials from Mombasa, Kisumu and Nairobi counties for the first time involved RHRN youth champions in the revision and launch of the Kenya School Health Policy.





CSA received funding from HIVOS to implement the Adolescent sexual reproductive health and rights program in 2019. The project aims to elevate voices of young people in advocacy in the East and Sub-Saharan Africa (ESA) Region and is implemented by 3 partners CSA - Kenya, SafAids - Zimbabwe and Latkins – Zambia. This she should be able to carry out using trained young researchers with improved knowledge and skills on Research and evidence generation. This will be used to inform the national and regional advocacy through evidence Generation including study reports, Fact sheets, Position papers and policy briefs; expected to be used both for local and regional advocacy to influence policy and programming on ASRH.

### Key Achievements

- Trained 45 Young people on Research for advocacy (CSA Kenya, Latkings – Zambia and SafAids-Zimbabwe)
- All the three Countries conducted ASHR related studies to inform their advocacy discourse. What remains is the dissemination of the findings to the policymakers.
- Trained Young People in all the 3 Countries to carry out advocacy within their Countries.



## SRHR SERVICES AND INFORMATION PROVISION

### SAFIRE PROJECT

CSA continued with the SAFIRE Project implementation in Ruiru sub county's eight wards having gotten funding from options. The project aims at working with the big sisters to hold community sessions targeting adolescent girls aged 10-19 years with SRHR information and referral for Medical Abortion services with support from youth, mamas and Babas champions who also reside within the same communities.

#### Key Achievement

- Since January 2020, CSA has recorded 396 complete MA referrals, 57 incomplete referrals, 318 (80%) post-MA contraceptive referrals, 439 referrals for other SRH (e.g. FP, HIV/AIDS testing, STI testing, counseling, psychosocial support, etc. )
- 5,209 girls were reached with SRH and SA information during awareness-raising / info sessions in school and out of school run by Big Sisters and Youth Champions.
- 5,234 referrals were done to the ICT platforms through the
- 383 big sister sessions and 12 LETS GET CANDID Sessions held.



### AFTER HOURS ADOLESCENCE PROJECT

(AHAP) The project seeks to promote

Adolescent-Responsive SRHR by ensuring Equitable Access to Comprehensive and Affordable Services for all Children Adolescent and Young People (CAYPs). The project is funded by Save the Children. Since 2018, CSA has implemented an innovative after hour children adolescent and young people intervention aimed at increased uptake of SRHR information and services while improving the policy context through advocacy.

#### Key Achievement

- The number of youth who accessed YFS from November 2019 to October 2020 were 4,438.
- 30 youths were trained on budget advocacy and were involved in public participation meetings for the 2019/2020 budget cycle.



## AFYA HALISI PROJECT



USAID Afya County and National Support Program (Afya Halisi) is a five-year project that is being implemented by JHPIEGO as the lead partner, with PS Kenya and an additional four local implementing partners (LIPs) that were sub granted in year 3 i.e. KMET, CSA and ADS.

CSA was mandated to work in Kisumu and Kakamega Counties strengthening the capacity of National, County and Sub-County leaders, MOH stewardship and systems to deliver quality integrated FP/RMNCAHN/WASH services to the Adolescents ages 10-19 years while improving care seeking and health promoting behavior.

### Key Achievement

- A total of 561 students, 309 males and 252 females were reached with comprehensive sexual reproductive health information.
- The project in collaboration with MOH and Local administration supported 124 sessions to reach 6136 adolescents, 1114 males and 5022 females.
- The project in collaboration with the MOH and Local administration supported 78 focused dialogue sessions.
- The project in partnership with the MOH established 58 young mothers' clubs in Kisumu & Kakamega Counties.
- A total of 58 YMC were established in year 3 with membership of 4873 females.
- AYSRH project in partnership with MOH supported 259 in reaches reaching 1478 males and 15574 females within Kisumu and Kakamega



## YOUTH FOR YOUTH PROJECT (Y4Y)

The project is funded by Rutgers to address the multitude of factors and actors influencing young people's SRHR using a multi-component approach by using individual and joint expertise to link (i) provision of sexuality education and information, (ii) provision of quality, youth friendly SRH services and (iii) building support for youth SRHR, by addressing socio-cultural and political barriers in terms of practices, norms and policies.

In Bungoma, the programme was implemented by CSA addressing four outcome areas two to five while outcome one was implemented by the alliance. The programme targeted four sub counties of Bungoma County with a target of 45 schools using the whole school approach and 16 health facilities supported to strengthen provision of youth friendly services and the general community to create a favourable environment for discussion of SRHR for young people.

### Key Achievement

- 47 Young people from partner organizations having received training from the country alliance
- 54% of young people (**under 25**) representation in your organisation's structures and decision-making processes
- 12943 young people reached with (comprehensive) SRHR education
- 1,533,637 young people reached with (comprehensive) SRHR information
- 4397 People reached by campaigns and (social) media.
- 245 people structurally involved in the implementation of the programme at community level

## WORLD STARTS WITH ME (WSWM)

The Get up Speak out (GUSO) program builds on the successes and experience from the previous Unite for Body Rights (UFBR) and Access Services and Knowledge (ASK) programs which targeted young people 10 to 24 years with SRHR information and services.

### Key Achievement

- 56 Young people from partner organizations having received training from the country alliance
- 46% of young people (**under 25**) representation in your organisation's structures and decision-making processes
- 9,110 young people reached with (comprehensive) SRHR education
- 20,817 young people reached with (comprehensive) SRHR information
- 1,075,555 People reached by campaigns and (social) media.



## COMMUNITY EMPOWERMENT

### GIRLS VOICES INITIATIVE (GVI) PROJECT

The Centre for the Study of Adolescence (CSA) in partnership with Rise Up under the Public Health Institute has been implementing a program dedicated to girls' empowerment and voice, known as Girls Voices Initiative (GVI). Since the beginning of the program, CSA equipped girls who have gone through Sexuality education with additional skills in public speaking and decision-maker education.

#### Key Achievement

- CSA trained **42** girl leaders on leadership and current policies and equipped them to disseminate these policies in meetings with community gate keepers as well as county officials. There was a 39% increase in knowledge on the content of the Kajiado anti-FGM Policy, return to school policy and the school health policy.
- The GVI worked with the **240** girls and provided them with information on the Kajiado Ant-FGM Policy, Return to school policy, and school health policy so as to conduct dissemination meetings, agora forum sessions and the girl symposium together.
- The girl leaders also participated in dissemination forums with community gate keepers, who committed to implementing the policies at the community level and in schools as well as supported the need to implement comprehensive sexuality education (CSE) in schools for both the girls and boys.

### THE SELF-HELP GROUP (SHG) PROJECT

#### PROJECT

The SHG project aims at improving the socio-economic and political situation of communities. This project is expected to build the capacity of the SHGs, CLAs to meaningfully participate in addressing development challenges in their respective communities.

#### Key Achievement

- (639) SHGs members' families accessing medical care
- (242) SHG members running sustainable and profitable businesses.
- (596) SHGs members households access 3 nutritional balanced meals per day

### DADAS RISING PROJECT

The amplify women agency and voices initiative (DadaRising) was designed to increase the participation of women in discussing pertinent national issues as the country moves towards the 2022 general election. The activities were underlined by efforts of addressing societal obstacles that undermine women's voices, participation and agency including media and communication hindrances, socio cultural and political hindrances and individual level weaknesses.

#### Key Achievement

- (Recruitment and training of 345 young female leaders across Kiambu, Kwale and Vihiga on various methods of leadership guided by the developed leadership and digital curriculum
- Two of the young female participants expressed their intentions to go for political seats Elizabeth Mutheki in Kiambu and Caroline Mukoya in Vihiga.
- Partnerships with Daily Nation in Western Region through Caroline Wafula (editor at large-Western Region) broadcasts done locally in KUTV, Vihiga FM and Daily Nation.
- Signed an MoU with Straight News Kenya, to provide wide coverage for the young women stories under the Dadas Rising program.
- Commitment and partnership with Moi University on AWVA project with a focus on Vihiga County (Luanda) for implementation.
- Commitment from Bina Maseno the Founder & Director - Badili Africa to support the young women to climb the ladder of leadership through her organization.



## CHILD PROTECTION

### OVC WELFARE PROJECT

CSA implements the OVC welfare project in Busia County, having received funding from KNH. The OVC welfare projects works through empowering CBOs in Partnership with the County Government of Busia to address: early marriage, child neglect, high poverty impacting negatively on children, poor child-parent relations with less or no communication on sexuality, retrogressive cultural practices affecting children, poor parental social modelling.

#### Key Achievement

- CBOs members (12) from the four CBOs were trained on lobbying and advocacy, Resource mobilization and County Budget cycle.
- A total 12 (4f & 8m) regular police officers from the NPS and CIPU within the sub county were trained on children right protection. Out of this training OCPD Bunyala sub county has introduced a gender desk office separate to handle child abuse and violation cases within the sub county.
- 12 Health care workers from selected high volume health facilities within the sub county trained on children rights

### CHILD SAFEGUARDING

In the month of September, CSA successfully onboarded Fountain Youth Initiative (FYI), a CBO, within Ruiru Sub county as our child protection partner. They have been able to do a robust stakeholder mapping within the sub county, train mama champions and Big Sisters on child protection and psychosocial support. FYI was tasked to:

- Establish an effective referral linkage with the Safire Programme,
- Undertake child protection case management,
- Escalation of cases through the justice system and
- Collaborate with CSA on community engagement initiatives.

As at December 2020 the Child Protection Organization had handled and escalated through the Justice System 9 child safeguarding cases.





## EMERGENCY RESPONSE

### FLOODING

The OVC Welfare project with support from Kinder Not Hilfe distributed relief Materials (food and none food) to families in Bunyala Sub-county of Bunyala South, Bunyala west, Bunyala Central and Bunyala North wards in Busia County. This happened during the heavy rains of October & November which were experienced intermittently through the year 2020. Centre for the Study of Adolescence (CSA) initiated an emergency response with support from KNH, where 600 households with 1200 OVC were supported with food and nonfood items to alleviated pain and suffering.

### COVID 19 PANDEMIC

Centre for the Study of Adolescence found it necessary to respond to COVID 19 prevention to various families in Kajiado, Busia and Bungoma Counties. This was done through Sensitization of volunteers on COVID -19 prevention and general hygiene; done together with the Ministry of Health through the department of public health and sanitation sensitized 10 volunteers drawn from the four CBOs on the MOH guidelines on the prevention of COVID -19 and general hygiene.

CSA also distributed 1600 face masks and sanitary towels to young people. This activity was followed with a talk on menstrual hygiene by CSA to the girls aged 9-18yrs who revived a two month's supply of sanitary towels.





## LESSONS LEARNT IN 2020

Through implementing the various Projects CSA has learnt several lessons that will be taken forward in her future partnerships, programming and implementation. Below are some of key lessons learnt:

- Social inclusion is also key component in addressing teenage pregnancies among the adolescents.
- Virtual engagement is still an option in community activity implementation, but there is need to support community ICT resource centres to be safe spaces for these learnings.
- Enhanced targeted dialogues with parents is key in helping have a constructive engagement with both parents and their adolescents. It gives a safe space for discussion on sticky AYSRH issues.
  - Engaging cultural, religious and community champions to critically address ASRH/SGBV concerns in the community is one of the ways to tackle unwanted teenage pregnancies and early marriages.
- Acknowledging young people as actors rather than beneficiaries promotes trust, inclusivity and enhances the partnership between the young people and adults within the organization.



## FINANCIAL OVERVIEW

### INCOME BREAKDOWN

	2020 (KES)	2019 (KES)
Rutgers	51,280,046	45,520,429
JHPIEGO	21,919,622	-
KNH	8,769,182	5,827,619
Child Investment Fund Foundation	8,155,010	-
RFSU	7,133,972	8,918,822
HIVOS	6,060,000	-
Options Consultancy Services Ltd	5,659,236	3,172,782
Population Action International	5,384,000	1,433,170
Simavi	5,348,450	7,797,148
Public Health Institute	4,920,755	7,155,296
Amplify Change	4,052,362	11,990,167
US Embassy	3,907,068	5,174,756
Save the Children Sweden	1,679,614	8,213,576
HENNET	1,554,575	286,325
Oxford University	926,201	-
FHOK	880,704	3,341,231
HIAS	76,293	1,169,553
Kenya Red Cross Society	-	17,917,283
EVOC	-	1,151,744
Path	-	35,483,268
<b>Total</b>	<b>137,707,090</b>	<b>164,553,169</b>

### 3. Other income

Other income	260,148	-
SRHR Alliance membership	80,000	157,188
Sale of tender documents	-	592,278
Consultancy services- Refugee Trust	-	2,098,060
<b>Total</b>	<b>340,148</b>	<b>2,847,526</b>



## OPERATING EXPENSES

	2020 (KES)	2019 (KES)
Research, monitoring and evaluation Travelling and subsistence	25,038,300	29,548,803
Education and outreach activities	22,502,266	29,010,700
Workshop and training costs	11,805,371	19,155,908
Meetings and conference costs	8,709,858	17,027,780
Production of IEC materials	7,283,262	3,648,982
Motor vehicle running expenses	6,408,313	2,453,288
Consultancy fees	1,293,603	1,512,440
Repairs and maintenance	2,783,750	2,513,545
Registration expense	569,216	434,100
Value Added Tax (VAT)	142,240	587,720
<b>Total</b>	<b>86,647,981</b>	<b>106,112,076</b>

## ADMINISTRATION

### COSTS

	2020 (KES)	2019 (kes)
Salaries and wages	39,680,681	39,679,612
Rent and service charge	4,616,160	4,332,374
Office expenses	3,132,822	4,222,842
Audit fees	348,000	348,000
Staff medical insurance	1,818,772	5,617,625
Bank charges	1,589,141	562,925
Printing and stationery	1,268,345	3,721,232
Depreciation and amortization	1,185,387	1,438,276
Telephone, postage and emails	987,175	871,743
Security	392,061	398,400
Electricity and water	192,006	463,548
General insurance	53,314	53,314
Legal fees	46,400	119,400
Advertising	- 299,630	
<b>Total</b>	<b>55,310,264</b>	<b>62,128,921</b>



## PARTNERSHIPS/DONORS

### Civil Society Partnerships

- Health NGOs Network Nairobi chapter
- Sexual reproductive health and rights alliance in Kenya (<https://www.srhralliance.or.ke/>)
- Coalition of Youth advocates (COYA).
- Yes I Do Alliance (YIDA)
- Right Here! Right Now! Alliance (A national SRHR platform of 15 national organizations).
- Inter Religious council of Kenya (IRCK),
- Organisation of African instituted Churches (OAIC)
  - Supreme Council of Kenya Muslims, Evangelical Association of Kenya, National Muslim Leaders Forum (NAMLEF)

## DONORS



Rutgers

For sexual and reproductive health and rights

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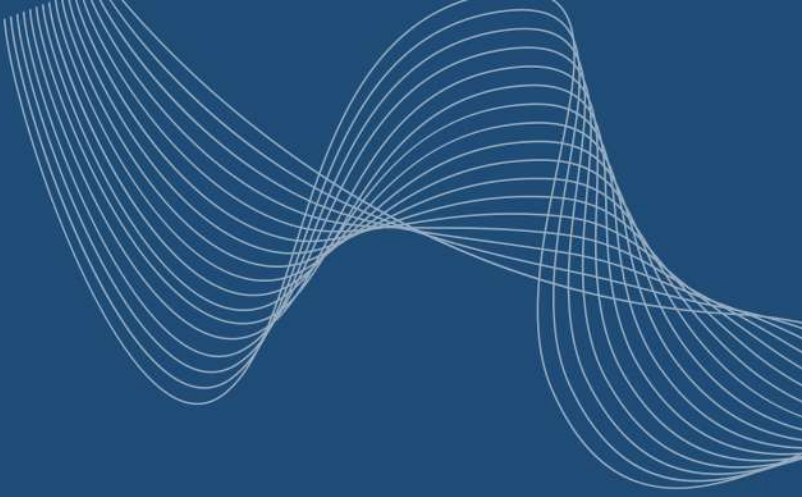
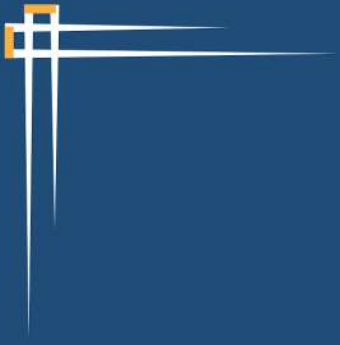
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