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 | **35** Growth | Diversity | Success

**APRIL 2023**

# NEWSLETTER

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We hope you had a fantastic April!

"Health for All" is not just a slogan but a fundamental human right we must work towards daily.

## Climate Policy Review & Validation

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**13 CLIMATE ACTION**



# STOP CLIMATE CHANGE

WE CAN DO IT TOGETHER



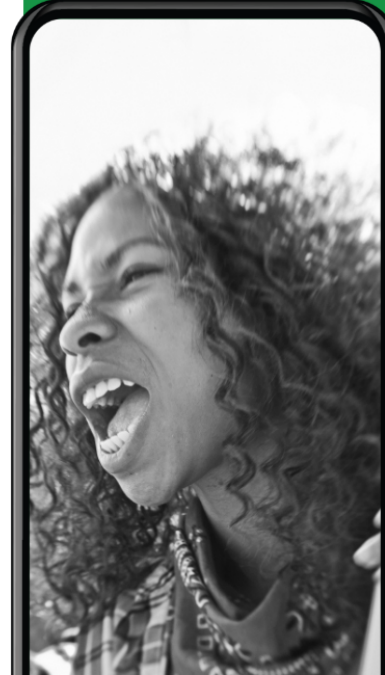
**Provide incentives**



**Strategic intervention**



**Call for stewardship**



Centre for the Study of Adolescence joined fellow stakeholders at the Kilifi County Climate Change Unit validation workshop to finalize the Kilifi County Climate Change Policy 2023 and the Kilifi County Climate Change (Amendment) Bill 2023. We supported the process to ensure that the gains made in addressing climate change can be scaled up and sustained with the backing of a policy document. The Kilifi County Climate Change policy was reviewed to highlight some of the challenges associated with climate change in the county, such as access to essential health services, and suggest gender equitable responses to climate change, including empowering women and girls through awareness creation even as we implement a project on Sexual Reproductive Health Rights and Climate Change.

## World Health Day 2023

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## ACHIEVING HEALTH EQUITY FOR YOUNG PEOPLE: WHAT NEEDS TO CHANGE?



**LINDA DINDA**  
Moderator



**JAMES KIILU**  
Youth Advocate



**BETTY NJERU**  
Multi-Media Journalist



**MUMINA MOHAMED**  
RHRN, Youth Country  
Coordinator



**SHARON SITATI**  
Youth Advocate

Is Enough Being Done? Examining Efforts to Prioritize  
Adolescent and Young People's Health

We held a panel discussion on [Twitter Spaces](#) on World Health Day 2023 to discuss adolescent and youth reproductive health (AYRH) and its importance in building a healthier world. The panel highlighted young people's challenges in accessing quality reproductive health services and information. The discussion explored opportunities and best practices in empowering young people for better reproductive health, generating meaningful discussions, and promoting partnerships for AYRH. The focus is now on continuing advocacy efforts for AYRH, raising awareness, promoting access to quality services and information, and addressing challenges young people face. Engagement with experts, stakeholders, and partners is encouraged to continue the conversation on AYRH and explore best practices for empowering young people.

## Stakeholders Meeting in Nairobi

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CSA recently participated in the Quarterly Adolescents and Young People Stakeholder Forum organized by the Nairobi City County Health Services, Adolescent Unit. The meeting focused on enhancing the provision of quality Adolescent and Youth Friendly Services (AYFS) to young people within the city. Through the forum, the organization shared its planned activities and collaboration with other stakeholders to promote health, wellness, and nutrition services for youth in the community. We plan to implement the ideas generated during the forum to further contribute to shaping the region's future of adolescent and young people's health.

## Collaborative Efforts for Adolescent and Youth Health

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## BUDGET MEMORANDUM



RIGHT HERE  
RIGHT NOW

## REGARDING THE NAIROBI CITY COUNTY INTEGRATED DEVELOPMENT PLAN 2023-2027

APRIL 2023



CSA recently collaborated with Network for Adolescent and Youth of Africa (NAYA) to review the Nairobi County Integrated Development Plan (CIDP) and advocate for improved adolescent and youth health services. We identified areas of adjustment under health and submitted a memorandum to the county government. Additionally, we participated in public sessions to voice our concerns and recommendations. CSA plans to continue collaborating with NAYA to advocate for adolescent and youth health issues and stay engaged in public participation processes to advocate for the needs of adolescents and youth in developing and implementing health policies and programs.

**Care Canada PMU team's field visit**



We received a visit from the Care Canada Project Management Unit (PMU) and SHE SOARS partners from Zambia and Uganda. We shared progress on the implementation of the project and showcased field activities in Siaya and Kisumu Counties. The visits were extended to the Siaya County health department, a YSLA group meeting, a role model boys group session, the Kisumu West Sub-County MOH office, and the Lwala Kadawa Health Center for Girls and Social Analysis And Action group sessions. A session of feedback and sharing of best practices concluded the visit.

## The Self help Group Project

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The Community Led Action (CLA) group mobilizes resources, plans activities and projects to address the community's needs, and participates in governance and advocacy. The Mwangaza CLA group developed a community resource map identifying products, services, and resources in their village markets and shopping centers. Additionally, they identified skills that youths in their community could be trained on based on the identified needs. The developed community resource map further looked at community resource flow, focusing on available resources that the community would utilize to increase productivity levels.

**Coming up: Post- process workshop**

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CSA will share the participatory mapping exercise findings highlighting with the adolescent boys and girls participants in Kisumu. They will also engage these youth in prioritizing which results and materials they would like to share in the community dialogue. During this session, the adolescent boys and girls will be presented with a data visual / overlay map that highlights their most significant challenge places in the Kisumu West sub-county (Nyahera A and B) based on the findings from the Kisumu participatory mapping workshop. In addition, the youth will rank community problems that were identified during the Kisumu PMW. Through this process, the adolescent boys and girls will have an opportunity to share their perspectives and insights on the most pressing health issues affecting their communities and help guide the development of effective interventions and solutions to address these challenges.

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